



PRSS School Community Council

Books available for loan

Mental health and wellness books

Available in guidance

TITLE

Furiously Happy`
 The Spark
 The Happiness Equation
 Size Zero
 Leadership Wisdom from the Monk Who Sold his Ferrari
 A Week in My Life as a Psychiatrist
 The Reason You Walk
 Shake hands with the Devil
 Changing my Mind
 Changing my Mind
 Wake Up Happy
 Open Heart, Open Mind
 Open Heart, Open Mind
 Struggles of a Dreamer
 Playing with Fire
 Playing with Fire
 From this Moment on
 The Book of Awesome
 Building Resilience in Children and Teens
 Parenting a Teen Who Has Intense Emotions
 Hidden Figures
 Gandhi (Autobiography)
 Random Act of Kindness
 Waiting for First Light
 I am Malala
 Spark
 You're Ruining my Life
 Into Thin Air
 Malcolm X (Autobiography)

AUTHOR

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