

PHILOSOPHY OF TREATMENT

- ◆ Frontenac Youth Services is an accredited adolescent mental health agency committed to providing respectful, inclusive, youth and family centered services.
- ◆ Frontenac Youth Services' employees emphasize a collaborative, culturally competent and client-directed treatment approach focusing on the establishment and achievement of individual and/or familial goals.
- ◆ Frontenac Youth Services promotes the delivery of evidence based and evidence informed practices through the varying levels of support offered.
- ◆ Frontenac Youth Services is a comprehensive agency offering individual, family, and group therapy as well as live-in and day treatment programs, crisis response services, dual diagnosis support and school based programs.
- ◆ Frontenac Youth Services is invested in the collaboration of community partnerships for the benefit of enhancing supports to adolescents and their families.
- ◆ Initiatives to evaluate the effectiveness of programming have been undertaken to continue improving the outcomes for clients and to establish credibility within the community.

Frontenac Youth Services
1320 Airport Blvd. Oshawa
L1J 0C6
Phone: 905-579-1551
1-888-579-5914
Fax: 905-723-7059
www.frontenacyouthservices.org

ADMINISTRATION OFFICE IS LOCATED
AT THE CORNER OF
TAUNTON ROAD
AND
AIRPORT BLVD.
OSHAWA

Frontenac Youth Services is funded
by the
Ministry of Health
and
Ministry of Children, Community
and
Social Services

Member of CMHO

Accredited by the
Canadian Centre for Accreditation

FRONTENAC YOUTH SERVICES



Enhancing Mental,
Social and Emotional
Well-Being
in
Durham Region
since 1972

Accredited by
Canadian Centre
for Accreditation



Agréé par
Centre canadien
de l'agrément

Frontenac Youth Services is a non-profit Mental Health Agency which has been providing assistance to adolescents (12-18 years) and their families within the Durham Region since 1972.

The agency is funded by the Ontario Ministry of Health and the Ministry of Children Community and Social Services and operated by a Board of Directors comprised of community volunteers.

Frontenac provides a wide variety of services to the community, including the following:

| | |
|--------------------|-------------------------|
| Live-In Treatment | Day Treatment |
| Community Services | Family Therapy |
| Crisis Support | Individual Therapy |
| Group Therapy | Dual Diagnosis Services |
| Art Therapy | Psychological Services |

REFERRAL PROCESS

Contact Durham Region Central Intake
1-888-454-6275

If questions regarding services, please call
Frontenac's Intake Coordinator at
905-579-1551 ext. 234

QUICK ACCESS CLINIC

Must have Completed Intake
Durham Region Central Intake at
1-888-454-6275

Offering Single Session Counselling
Monday-Friday
Virtual and In Person

Clients Call 905-579-1551 ext. 234
to schedule appointment with
Intake Coordinator

Serving adolescents 12-18 years old
(Family Accompaniment Welcomed)

FRONTENAC CRISIS LINE

905-723-2802
Or
1-888-579-5914

LIVE-IN PROGRAMS

The Frontenac Program offers treatment to youth who are experiencing severe difficulty within the home environment. Through a controlled therapeutic environment, the youth in care can develop effective problem solving skills, with assistance from qualified child care staff.

Frontenac Live-In Treatment

- ◆ seven beds: 24 hours/7 days a week
- ◆ gender inclusive
- ◆ ages 12-18

Goals

- ◆ help youth develop interpersonal living skills and resolve individual problems
- ◆ assist the family in supporting a healthy change in the adolescent
- ◆ return the youth to the home environment whenever possible; or to other suitable community living

Watersdown Program

- ◆ eight beds; 24 Hours/7 days a week
- ◆ gender inclusive
- ◆ ages 12-18
- ◆ one day treatment classroom

Goals

- ◆ six month assessment placement for dual diagnosed youth to help determine long-term planning and any specialized needs
- ◆ provide a setting where the youth can learn to solve problems and develop "self care" skills
- ◆ provide youth with opportunities to develop social skills and become more independent and self-sufficient

DAY TREATMENT PROGRAM

The Frontenac Agency also offers Day Treatment programs for adolescents in the Durham Region.

Goals

- ◆ emphasis is placed on the support of adolescents based on evidence informed treatment
- ◆ work with clients in the classroom to develop their treatment goals and needs that are derived from their admission assessment
- ◆ focus on ways to increase their ability to be successful in an academic setting

Classrooms include:

- ◆ integrated settings in elementary and secondary schools
- ◆ segregated setting

COUNSELLING SERVICES

Assessment and treatment may be provided to adolescents and/or families through individual, family and/or group therapy. Counselling Services provides therapeutic follow-up to live-in treatment and day treatment programs.

