

# Life Beyond High School

## EVENT GUIDE

— October 2024 —

# LIFE BEYOND HIGH SCHOOL EVENT GUIDE 2024

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This Event Guide includes general information from all the participating Community Partners that attended this year's Life Beyond High School Event, on October 23<sup>rd</sup>, 2024. Please note, this is not an exhaustive list of all service providers and/or resources.

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## GOVERNMENT/REGIONAL SUPPORTS

### Developmental Services Ontario (DSO) Central East Region

*DSO is the access point for adult developmental services funded by the Ministry of Community and Social Services.*



#### What They Offer:

- ✓ Specialized Supports
- ✓ Passport Program
- ✓ **Housing Supports**
- ✓ Community Participation Supports
- ✓ Caregiver Respite Supports

#### Get In Touch:

905 953 0796  
1 855 277 2121

[dsontario.ca](https://dsontario.ca)



### Ontario Disability Support Program (ODSP)

*ODSP is provincial provider of financial assistance, and employment supports for people with disabilities.*



#### What They Offer:

- ✓ Income support
- ✓ Health & Disability Benefits (i.e., prescription drug, dental, and/or, vision coverage etc.)
- ✓ Employment supports

#### Get In Touch:

905 440 1030

[ontario.ca/page/ontario-disability-support-program](https://ontario.ca/page/ontario-disability-support-program)



### Passport Program, Canopy Support Services

*Canopy Support Services is the local Passport agency for the Central East Region.*



#### What They Offer:

- ✓ Passport coordinators
- ✓ Resources on the Passport Program
- ✓ Virtual Learning opportunities to enhance Passport experience

#### Get In Touch:

1 888 616 3456

[canopysupport.ca/passport](https://canopysupport.ca/passport)



### Durham Region Transit (DRT)

*DRT is the region's public transit system and service provider.*



#### What They Offer:

- ✓ Transit Assistance Program (TAP)
- ✓ Support Person Card
- ✓ Specialized Services
- ✓ Trip Planning Assistance

#### Get In Touch:

1 886 247 0055

[durhamregiontransit.com](https://durhamregiontransit.com)



### Adult Protective Services (APS), Durham Region

*APS is for adults 18+ diagnosed with developmental disabilities funded by MCSS.*



#### What They Offer:

- ✓ Case Management
- ✓ Service Coordination
- ✓ Supportive Counselling
- ✓ Information and referrals

#### Get In Touch:

1-855-277-2121

[durham.ca/en/living-here/adults-with-developmental-disabilities](https://durham.ca/en/living-here/adults-with-developmental-disabilities)



## COMMUNITY SUPPORTS

### Uxbridge/Port Perry

#### Community Living Durham North (CLDN)

*CLDN is a developmental service provider in North Durham.*



#### What They Offer:

- ✓ Day Program – DSO
- ✓ Evening Programs
- ✓ Summer Programs
- ✓ Employment Supports
- ✓ **Housing Supports**
- ✓ Assistance with Funding & Brokerage Options

#### Get In Touch:

905 985 8511  
cldurhamnorth@cldn.ca  
[cldn.ca](http://cldn.ca)



#### Precious Minds

*Precious Minds is a developmental service provider in North Durham.*



#### What They Offer:

- ✓ Day Program
- ✓ Evening Programs
- ✓ Summer & March Break Programs

#### Get In Touch:

905 982 0882  
mhutchins@preciousminds.com  
[preciousminds.com](http://preciousminds.com)



### Whitby

#### Abilities Centre

*Abilities Centre is a recreation centre that offers inclusive programs and services.*



#### What They Offer:

- ✓ Day Program – DSO
- ✓ Evening Programs
- ✓ Summer Break Programs
- ✓ Employment Supports

#### Get In Touch:

905 665 8500  
services@abilitiescentre.org  
[abilitiescentre.org/programs](http://abilitiescentre.org/programs)



#### Sarah's Place

*Sarah's Place is a day program located in Whitby.*



SARAH'S PLACE

#### What They Offer:

- ✓ Day Program
- ✓ Community Events

#### Get In Touch:

905 556 1632  
info@sarahsplace.ca  
[sarahsplace.ca](http://sarahsplace.ca)



### Participation House Durham (PH)

*PH is a developmental service provider in Durham Region, located in Whitby.*



#### What They Offer:

- ✓ Day Program
- ✓ Social Groups
- ✓ Summer Programs
- ✓ Housing Supports

#### Get In Touch:

905 579 5267  
contact@phdurham.com  
[phdurham.com](http://phdurham.com)



### Karis Disability Services

*Karis Disability Services is a faith-based developmental service provider in Durham.*



#### What They Offer:

- ✓ Day Program
- ✓ Recreation Programs
- ✓ Housing Supports

#### Get In Touch:

705 741 1977  
cedo@karis.org  
[karis.org](http://karis.org)



### Sunrise Developmental Support Services

*Sunrise is a developmental service provider located in Whitby.*



#### What They Offer:

- ✓ Day Program
- ✓ Social Groups
- ✓ Summer Programs

#### Get In Touch:

905 438 9910  
programs@sunrisedss.ca  
[sunrisedss.ca](http://sunrisedss.ca)



### Nova's Ark

*Nova's Ark is a specialized service provider in rural Whitby.*



#### What They Offer:

- ✓ Day Program
- ✓ Summer Camp
- ✓ Therapeutic Interventions

#### Get In Touch:

905 706 1009  
novasark@sympatico.ca  
[novasark.ca](http://novasark.ca)



### WindReach Farm

*Windreach Farm is an accessible farm located in Ashburn.*



#### What They Offer:

- ✓ Day Program
- ✓ Therapeutic Riding
- ✓ Specialized Services

#### Get In Touch:

905 655 5827  
information@windreach.org  
[windreachfarm.org](http://windreachfarm.org)



## Ajax & Pickering

### Community Living Ajax Pickering Whitby (CLAPW)

*CLAPW is a developmental service provider.*



#### What They Offer:

- ✓ Day Program – DSO
- ✓ Evening Programs
- ✓ Summer Programs
- ✓ Employment Supports
- ✓ **Housing Supports**
- ✓ Assistance with Funding & Brokerage Options

#### Get In Touch:

905 427 3300

[info@clapw.org](mailto:info@clapw.org)

[cl-apw.org](http://cl-apw.org)



### Tania's Place

*Tania's Place is a day program located in Ajax.*



#### What They Offer:

- ✓ Day Program
- ✓ Summer Camp & March Break Programs

#### Get In Touch:

905 686 9532

[info@taniaspplace.com](mailto:info@taniaspplace.com)

[taniaspplace.com](http://taniaspplace.com)



### Progressive Life Centre

*Progressive Life Centre is a specialized service provider in Ajax.*



#### What They Offer:

- ✓ Specialized Programs
- ✓ Employment Readiness Programs
- ✓ Essential Skills – One on One Sessions

#### Get In Touch:

[radica@progressivelifecentre.ca](mailto:radica@progressivelifecentre.ca)

[progressivelifecentre.ca](http://progressivelifecentre.ca)



### Global Community Developmental Network Inc. (GCDN)

*GCDN is a day program provider located in Pickering.*



#### What They Offer:

- ✓ Day Program

#### Get In Touch:

416 725 7079

[info@gcdn.ca](mailto:info@gcdn.ca)

[gcdn.ca](http://gcdn.ca)



### My Place

*My Place is a day program provider located in Pickering.*



#### What They Offer:

- ✓ Day Program
- ✓ PA Day Programs

#### Get In Touch:

416 697 5223

[info@myplace.ca](mailto:info@myplace.ca)

[myplacedp.ca](http://myplacedp.ca)





## Oshawa

### Community Living Oshawa Clarington (CLOC)

*CLOC is a developmental service provider that serves Oshawa/Clarington.*



#### What They Offer:

- ✓ Day Program – DSO
- ✓ Evening Programs
- ✓ Summer Programs
- ✓ Employment Supports
- ✓ Housing Supports
- ✓ Assistance with Funding & Brokerage Options

#### Get In Touch:

905 576 3011  
info@communitylivingoc.ca  
[communitylivingoc.ca](http://communitylivingoc.ca)



### Brodie Community & Residential Services

*Brodie CRS is an adult day program provider in Oshawa.*



#### What They Offer:

- ✓ Day Program
- ✓ 1:1 Support

#### Get In Touch:

905 240 2437  
cheryl@brodiecrs.com  
[brodiecrs.com](http://brodiecrs.com)



### Kerry's Place

*Kerry's Place is an Autism service provider in Durham.*



#### What They Offer:

- ✓ Day Program – DSO
- ✓ Social Groups
- ✓ Respite
- ✓ Employment Supports
- ✓ Specialized Services

#### Get In Touch:

1 833 775 3779  
info@kerrysplace.org  
[kerrysplace.org](http://kerrysplace.org)



### Tristan's Place

*Tristan's Place is a mental health and day program service provider in Oshawa.*



#### What They Offer:

- ✓ Crisis Support
- ✓ Dual Diagnosed Day Program
- ✓ Dual Diagnosed Respite

#### Get In Touch:

905 233 8817  
mentalhealthsupport@tristansplace.ca  
[tristansplace.ca](http://tristansplace.ca)



## Other Community Supports

### TeachAbility

*TeachAbility provides coaching to adults with disabilities.*



#### What They Offer:

- ✓ 1:1 Coaching
- ✓ Social Groups

#### Get In Touch:

teachability@outlook.com  
[teachability.wixsite.com](https://www.teachability.wixsite.com)



### Autism Home Base

*Autism Home Base is an Autism service provider in Durham.*



#### What They Offer:

- ✓ Social Groups
- ✓ Specialized Services

#### Get In Touch:

289-278-3489  
info@autismhomebase.com  
[autismhomebase.com](https://www.autismhomebase.com)



### FOOTPRINTS4Autism

*FOOTPRINTS4Autism is an Autism service provider for youth in Durham.*



#### What They Offer:

- ✓ Social Groups (under 18 years)

#### Get In Touch:

905 420 0388  
ourteam@footprints4autism.org  
[footprints4autism.org](https://www.footprints4autism.org)



### Lakeridge Community Support Services (LRCSS)

*LRCSS is behavioural support service provider in Durham Region.*



#### What They Offer:

- ✓ ABA for Autism
- ✓ ABA for Intellectual Disabilities
- ✓ Specialized Groups

#### Get In Touch:

905 666 9688  
lrcss@lrcss.com  
[lrcss.com](https://www.lrcss.com)



### RespiteService.com

*RespiteServices.com is the access point for Community Helpers for Active Participation, CHAP, Durham's Support Provider Directory.*



#### What They Offer:

- ✓ Online Directory of Support Providers

#### Get In Touch:

905 436 3404  
sciarlariello@dafrs.com  
[respireservices.com/Durham](https://www.respireservices.com/Durham)





## Recreational Respite

*Recreational Respite is a respite service provider in Ontario.*



### What They Offer:

- ✓ Group Services
- ✓ Respite Support

### Get In Touch:

1 877 855 7070

info@recrespite.com

[recrespite.com](http://recrespite.com)



## Pheonix Home Care

*Pheonix Home Care is a residential respite home and service provider in Oshawa.*



### What They Offer:

- ✓ Respite Support
- ✓ Home Care Supports
- ✓ Residential Living

### Get In Touch:

437 449 2371

phoenixhomecare23@gmail.com

[phoenixhomecare.co](http://phoenixhomecare.co)



## Greater Durham Special Olympics

*Special Olympics is a sport organization in Durham Region that supports athletes with developmental disabilities.*



### What They Offer:

- ✓ Fall, Winter & Summer Sport Programs

### Get In Touch:

1 888 333 5515

greaterdurham.info@specialolympicsontario.ca

[greaterdurham.specialolympicsontario.ca](http://greaterdurham.specialolympicsontario.ca)



## All Abilities, Pickering Football Club

*All Abilities is a program for individuals with intellectual or physical disabilities to participate in sport.*



### What They Offer:

- ✓ Various sport programs

### Get In Touch:

allabilities@pickeringfc.ca

[pickeringfc.ca/allabilities](http://pickeringfc.ca/allabilities)



## Inclusive Hoops

*Inclusive Hoops is a basketball program for individuals with special needs.*



### What They Offer:

- ✓ Basketball Programs
- ✓ Minimal support
- ✓ 1 on 1 support

### Get In Touch:

647 609 2143

info@inclusivehoops.com

[inclusivehoops.com](http://inclusivehoops.com)



## EMPLOYMENT SUPPORTS



### Melly's Workplace

*Melly's Workplace is a pre-employment, social enterprise in Whitby.*



#### What They Offer:

- ✓ Employment Readiness Program
- ✓ Community Events

#### Get In Touch:

info@mellysworkplace.ca  
[mellysworkplace.ca](http://mellysworkplace.ca)



### Ready, Willing, & Able, Kerry's Place

*RWA is a program that identifies and connects individuals with supports for employment.*



#### What They Offer:

- ✓ Post-secondary supports
- ✓ Employment Supports
- ✓ Paid Employment Opportunities

#### Get In Touch:

905 409 3342  
maite.bowes@kerrysplace.org  
[kerrysplace.org/product/ready-willing-and-able](http://kerrysplace.org/product/ready-willing-and-able)



### META Employment Services

*META is an Employment Ontario and ODSP employment service provider located in Whitby.*



#### What They Offer:

- ✓ Free Programs
- ✓ Access to META Job Board
- ✓ Workshops & Webinars

#### Get In Touch:

905 725 0087  
jaden@metaservices.ca  
[metaservices.ca](http://metaservices.ca)



### YMCA of Greater Toronto

*YMCA is an Employment Ontario employment service provider with locations in Whitby and Pickering.*



#### What They Offer:

- ✓ One-to-one support
- ✓ Workshops
- ✓ Resume & Job Search Tips
- ✓ Hiring Events

#### Get In Touch:

**Whitby:** 905 668 0044  
**Pickering:** 905 427 7670  
maureen.mann@ymcagta.org  
[ymcagta.org/employment-services](http://ymcagta.org/employment-services)



### Also see Employment Supports provided by:

- ✓ Abilities Centre (page 4)
- ✓ Community Living Ajax Pickering Whitby (page 6)
- ✓ Community Living Oshawa Clarington (page 7)

## EDUCATION SUPPORTS

### Durham College Community Integration through Co-Operative Education (CICE)

*DC's CICE program is a modified college program offered in Oshawa.*



#### What They Offer:

- ✓ In-class support
- ✓ Co-Operative Education Placements
- ✓ College Certificate

#### Get In Touch:

905 721 3126  
cice@durhamcollege.ca  
[durhamcollege.ca](http://durhamcollege.ca)



### Flemming College Community Integration through Co-Operative Education (CICE)

*Flemming's CICE program is a modified college program offered in Peterborough.*



#### What They Offer:

- ✓ In-class support
- ✓ Co-Operative Education Placements
- ✓ College Certificate

#### Get In Touch:

705 749 5546  
cice@flemmingcollege.ca  
[flemmingcollege.ca](http://flemmingcollege.ca)



### Academic Upgrading Durham College

*DC's academic upgrading is offered in Oshawa for individuals 18+.*



#### What They Offer:

- ✓ Free Grade 12 equivalent C-Level Courses (English, Math and more!)
- ✓ Essentials Workshops

#### Get In Touch:

905 721 3131  
academicupgrading@durhamcollege.ca  
[durhamcollege.ca](http://durhamcollege.ca)



### Transition Resource Guide for Students with Disabilities (TRG)

*TRG is an online resource made for transition to post-secondary education across Ontario.*



TRANSITION RESOURCE GUIDE

#### What They Offer:

- ✓ Directory of all Ontario Colleges and Universities
- ✓ Information on Accessibility in Post-Secondary Education
- ✓ Free online resources and postsecondary transition course

#### Get In Touch:

[transitionresourceguide.ca](http://transitionresourceguide.ca)



## FAMILY SUPPORTS

### Grandview Kids Adolescent Transition Program

*Grandview Kids serves children and youth with communication, physical and developmental needs.*



#### What They Offer:

- ✓ Grandview Kids Adolescent Transition Program offers:
- Free Toolkit, Family Support and Online Support.

#### Get In Touch:

[familyengagement@grandviewkids.ca](mailto:familyengagement@grandviewkids.ca)  
[grandviewkids.ca/adolescent-transition-program](http://grandviewkids.ca/adolescent-transition-program)



### Durham Association for Family Resources and Support (DFR)

*DFR is a local agency that supports families in Durham.*



#### What They Offer:

- ✓ Planning & Building Relationships
- ✓ Interactive Learning Events
- ✓ Family to Family Learning
- ✓ Interest & Role Development
- ✓ Home & Housing
- ✓ Recruiting & Guiding Paid Support
- ✓ Assistance with Funding & Brokerage Options

#### Get In Touch:

905 436 2500  
[info@dafrs.com](mailto:info@dafrs.com)  
[dafrs.com](http://dafrs.com)



### Resources for Exceptional Children & Youth (RFECY)

*RFECY is a local agency that supports to youth with special needs in Durham.*



#### What They Offer:

- ✓ Specialized Services
- ✓ Dual Diagnosis Funding
- ✓ Case Management
- ✓ Online Learning
- ✓ Assistance with Funding & Brokerage

#### Get In Touch:

905 427 8862  
[rfecydurham.com](http://rfecydurham.com)



### Partners For Planning (P4P)

*P4P is a trusted online resource for people and families to support people with disabilities.*



#### What They Offer:

- ✓ Free Monthly Webinars
- ✓ Free Online Action Guides
- ✓ Resources in Multiple Languages
- ✓ Online Learning related to: DSO, ODSP, RDSP, DTC, Housing, Estate Planning and more!

#### Get In Touch:

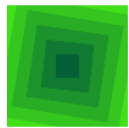
[planningnetwork.ca](http://planningnetwork.ca)



## HEALTH SUPPORTS

### Canadian Hearing Services

*Canadian Hearing Services is service provider of services, product, and education for Deaf and hard of hearing individuals.*



**CANADIAN  
HEARING  
SERVICES**

#### What They Offer:

- ✓ Counselling
- ✓ Education
- ✓ Accessibility
- ✓ Hearing Clinics
- ✓ Hearing Aids

#### Get In Touch:

1 866 518 0000

info@chs.ca

[chs.ca](http://chs.ca)



### CMHA Durham

*CMHA Durham is a mental health service provider in Durham Region.*



**Canadian Mental  
Health Association**  
**Durham**  
*Mental health for all*

#### What They Offer:

- ✓ Counselling
- ✓ Programs
- ✓ Clinics
- ✓ Housing Support

#### Get In Touch:

905 436 8760

cmha@cmhadurham.org

[cmhadurham.ca](http://cmhadurham.ca)



### Durham Mental Health Services (DMHS)

*DMHS is a mental health service provider in Durham.*



**DMHS**  
Durham Mental Health Services

#### What They Offer:

- ✓ Crisis Response
- ✓ Programs
- ✓ Community Support
- ✓ Family Support

#### Get In Touch:

905 666 0831

dmhscentralintake@lh.ca

[dmhs.ca](http://dmhs.ca)

