# **Kerry's Place**

AUTISM SERVICES SERVICES EN AUTISME

# Community Services & Supports



## WELCOME TO KERRY'S PLACE AUTISM SERVICES

We are Canada's largest service provider to families with children, adolescents, and adults, with Autism Spectrum Disorder.

Since 1974 Kerry's Place has been creating, and providing evidence-based supports and services across the province of Ontario that enhance the quality of life of those with ASD.

#### TODAY, WE ARE ENVISIONING A FUTURE WHERE ALL PERSONS WITH AUTISM SPECTRUM DISORDER ARE PARTICIPATING FULLY IN THEIR COMMUNITIES.

With staff of more than 1200, Kerry's Place is one of the only organizations in the country that serves the entire life span of those with ASD.

Through the Ontario Autism Program, we provide children and youth – and their families – a menu of timely, evidence-based services needed to achieve their goals at home, at school, and within their communities. This initiative serves individuals with ASD up to age 18, delivering skill-building groups, individual consultation, parent training and coaching, system navigation and family support.

We provide numerous Community Services and Supports, including our day and overnight respite options to provide a well-deserved break for families with loved ones with Autism, along with our many camps, swim programs and leisure groups.

Our **Adult Skill-Building and Peer Support Groups** broaden the social circle for each and every individual we support.

Our Employment Programs lend assistance to young adults with Autism to help develop skills that lead to meaningful, lasting employment opportunities.

We provide adults with ASD Residential and Semi-Independent Living Supports at 90 distinct properties across Ontario. Our group living approach provides a safe, 24 hour, home environment where residents are encouraged to pursue their own personal goals including outings into the community, employment, athletics, and a varied array of hobbies and interests.

Many of our residents grow with Kerry's Place, spending upwards of 30 years with us. And through a lifetime of shared pursuits and generational experiences, we too, grow with them.

### KERRY'S PLACE AUTISM SERVICES: THIS IS OUR COMMUNITY! Mission • Vision • Values

## Introduction to Kerry's Place Autism Services

## (Our Aspirations

Over the course of the current strategic period and on through to 2035 we aspire to be:

- An acknowledged leader in the ASD sector, known for developing and delivering best-in-class services and supports to persons with ASD and their families.
- A nationally recognized authority on providing effective services and supports for persons with ASD and their families; sought after to participate in projects, research and learning conferences worldwide; and a go-to resource for those seeking an expert opinion.
- An organization raising multi-million dollars annually in order to do more for those we currently serve and to serve those for whom there is no government funding available.
- An employer known for supporting its employees by providing meaningful careers that make a difference in the lives of those living with ASD.

## Our Vision

We envision a future where all persons with Autism Spectrum Disorder are participating fully in our communities.

## Cur Mission

Our mission is to enhance the quality of life for persons with Autism Spectrum Disorder and to empower them and their families, through evidence-based, innovative and person-directed supports.

## Cur Values

Our values are the foundation of our work with the persons we support, their families, our employees, funders, community partners and other stakeholders:

- Showing Respect by advancing the dignity and uniqueness of all persons.
- Championing Choice by supporting the right of all persons to make informed choices.
- Working with Integrity by valuing truthful, accountable and ethical interactions.
- Fostering Teamwork by reinforcing the synergy that comes from all of us working safely together.
- Emphasizing Continuous Learning by sharing knowledge and enabling personal growth.

## Mission, Vision and Values

# List of Services and Supports

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#### **Respite and Recreational Services**

**Respite and Recreational Services** 

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#### **Telepractice Using Virtual Services**

At Kerry's Place Autism Services, we continue to strive to offer families the services and supports you value most. To enhance the ways in which Kerry's Place may continue to support you, we are now delivering many of our services through "telepractice". Telepractice is the delivery of supports through the use of technology, including videoconferencing, video chat and teleconferencing. There is significant evidence to support the effective delivery of a variety of different services through Telepractice, while allowing for improved access to information and greater participation.

Services that are available virtually will be identified using the following symbol:



# **EVIDENCE-BASED BEHAVIOURAL SERVICES**

Evidence-based behavioural services (EBBS) are based on the principles of Applied Behaviour Analysis (ABA), and are designed to support persons with ASD in various areas including: school and group readiness, communication, social skills, daily living skills, independent play and leisure skills, emotional regulation, vocational skills, and behavioural change.



### **Clinical Intake Meeting**

A member of our team will meet with the family and the person with ASD (either at the family home or at a centre) to understand the goals and needs of the person and family. During this meeting, the Behaviour Therapist will capture current information regarding areas of strength and areas in need of development. This information is reviewed by our team of Clinical Supervisors, all of whom are Board Certified Behaviour Analysts (BCBA) and will recommend service options to best meet a family's goals.

### **Behaviour Consultation Packages**

All of our behaviour consultation packages are customized to a person's strengths and needs, as well as your family goals. Our highly skilled team will gather information about your priority goals, complete an assessment, and create an individualized plan, outlining strategies to achieve these goals. Each option includes a combination of direct support for the person with ASD, mediator training, and supervision from one of our Board Certified Behaviour Analysts (BCBA). Services may take place at a Kerry's Place site or in your home.

#### Examples of goals may include, but are not limited to:

- establishing and/or developing communication skills
- language based programs
- activities of daily living such as toilet training, hygiene routines, and more
- addressing challenging Behaviour



#### **Group Screening Sessions**

All families interested in having their child participate in one of our group services are invited to register for a Group Screening Session. During this session, our experienced staff will directly observe your child in order to determine which groups and supports would best align with your goals, based on skill level and areas of need.

## **Evidence-based Behavioural Services**



#### **Evidence-Based Behavioural Group Services**

Our curriculum-based group services are available to children and youth with a diagnosis of Autism Spectrum Disorder to further develop social communication skills, navigate social situations and utilize problem solving strategies in a variety of settings. We offer various group services in a variety of locations and times to suit your family schedule.

All group services are organized by age, theme and skills of the participants. Each group has an individualized curriculum that is based on the assessment of each child participating. Curricula are designed using the principles of Applied Behaviour Analysis (ABA) to help each child or youth practice, learn and maintain relevant skills and promote independence in social, recreational, and leisure settings.

#### We offer a comprehensive menu of group services in the following areas:

- school readiness
- social skill development
- communication strategies
- self-regulation strategies
- employment-related skills
- managing finances
- kitchen safety

#### ...and more

#### All group services include:

- group assessment to determine a service path and appropriate groups based on child and family goals
- individualized assessment and behaviour plan
- fun and engaging activities with peers

Parents and caregivers may have opportunities to observe their children during group sessions and progress updates will be provided throughout service.

For more information and registration please contact our Intake Team.
Intake@kerrysplace.org
1-833-77-KERRY (1-833-775-3779)
(i) kerrysplace.org

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# GROUPS

**Group Readiness:** Our group readiness curricula helps establish and develop the skills necessary to successfully participate in a group. Using evidence-based strategies, the program offers a variety of ways to teach and further expand upon a range of skills that are essential for the school environment, including: following group instructions, transitioning from one activity to another, following a schedule, and turn taking.

The ability to participate in group activities can have a meaningful, positive impact on a person's success in school, and can open the door to other opportunities such as leisure activities, and building relationships and friendships with others. Learning how to participate in group activities allow for skills in different areas to be taught, including daily living skills, social skills, language skills and leisure skills.

#### **Getting Ready for Groups**

Age Range: 3+.

Staff/Participant ratio: 2:1

Length of Group: 10 sessions, 1.5 hours per session

**Description of Group:** The group readiness program aims to introduce fundamental skills to successfully participate in a group setting.

#### **Topics include:**

- Transitioning away from caregivers
- Understanding visual schedules
- Following individual and group instructions
- Sharing, waiting, turn taking, and interacting with peers
- Transitioning between activities and spaces
- Tolerating others in close proximity



## Groups

**Communication**: Our communication curricula helps establish and develop participants' ability to use different aspects of language to be successful in interacting with others. Using evidence-based strategies, our communication program offers a variety of ways to teach and expand upon skills such as increasing vocabulary, making requests, following various instructions, identifying and labeling items and activities in their environment. Strengthening the ability to communicate wants and needs can significantly improve the quality of life of persons with ASD. Our communication program provides the building blocks to the future development of conversation skills, opening up more opportunities to have meaningful social interactions with others.

#### Leading with Language

Age Range: 3-17

Staff/Participant ratio: 2:1

Length of Group: 20 sessions, 1.5 hours sessions, 2 sessions per week

**Description:** The aim of this group is to develop requesting, labeling and listener responding skills.

#### **Topics explored:**

- Requesting for preferred objects, items, and activities
- Responding when their name is called
- Following instructions
- Labeling and identifying items in their environment
- Requesting for attention
- Recognizing nonverbal cues
- Appropriately terminating a conversation
- Asking for clarification
- Clarifying messages
- Being considerate of Peer's perspectives
- ... and more!



## Groups

**Social Skills:** Our social skills curricula helps establish and develop participants' skills in interacting and connecting with peers. Using evidence-based strategies, our social skills program offers a variety of ways to teach and further expand upon a range of skills including active listening, responding to peer's questions, asking clarifying questions, turn taking, sharing, waiting, compromising, and maintaining conversations. Our social skills groups focus on improving communication and building positive social interactions. Persons with ASD may be interested in developing and maintaining relationships with others, but may require some support and coaching on how to develop the skills necessary to improve peer interactions. Once established, improved social skills can help empower people to participate more in their communities, which can lead to positive outcomes such as improved relationships, friendships, and an overall enhanced quality of life.



#### Let's Get Social

Age Range: 4-14

Staff/Participant ratio: 2:1

Length of Group: 20 sessions, 1.5 hours per session, 2 sessions per week

**Description**: This group focuses on further developing social skills to be successful in group activities.

#### **Topics Explored:**

- Expanding on visual schedules
- Further develop following individual and group instructions
- Further develop transitioning between activities and spaces
- Expand on co-operative play and activities



#### **Making Connections**

Age Range: 4-17

Staff/Participant ratio: 2:1

Duration: 10 sessions, 1.5 hours per session

**Description**: This group aims to provides the opportunity for participants to further develop social skills based on their individual needs and interests.

#### **Topics explored:**

- Expanding on greeting peers
- Conversation skills with peers through play and structured activities
- Increasing interactions with peers
- Engaging in preferred activities with peers and compromising
- Cooperation, maintaining social relationships
- Responding to teasing and bullying



#### Secret Agent Society®

**Age range:** 8 – 12

Staff/Participant ratio: 3:1

Length of Group: 10 sessions, 1.5 hours per session

**Description:** Secret Agent Society is a spy-themed social skills intervention in which participants will learn to crack the code of emotions and friendships. Secret agents will learn and practice various skills to develop their social and emotional toolkit to help navigate changes in feelings, perspective taking, and expressing thoughts and feelings. Structured parent education sessions are included to review strategies and lessons to ensure success agents (participants) are equipped with the skills to be confident in making and maintaining friendships.

Missions include (topics explored):

- Recognize emotions in oneself and others
- Express feelings in appropriate ways
- Cope with feelings of anger and anxiety
- Cope with mistakes, transitions and challenges
- Prevent and manage bullying and teasing
- Acknowledge their personal strengths ... and more!



#### **Children's Friendship Training**

Age range: 8-12

Staff/Participant ratio: 3:1

Length of Group: 12 sessions, 1.5 hours per session

**Description**: Children's Friendship training is a social skills intervention in which participants will learn and practice foundational social skills, through a variety of engaging and fun activities. Structured parent education sessions are included to review strategies and lessons to ensure success in developing and maintaining friendships.

#### **Topics Explored:**

- Finding common interests amongst peers
- How to join a group of kids at play
- Navigating rejection, teasing, and bullying
- How to be a good host on a playdate
- Sportsmanship (e.g., being a gracious winner, tolerating losing)
- Managing competition





#### PEERS<sup>®</sup> for Adolescents

Age Range: 13-18

Staff/Participant ratio: 3:1

Length of Group: 14 sessions, 1.5 hours per session

**Description**: The Program for the Education and Enrichment of Relational Skills (PEERS®) is a social skills training intervention program for socially motivated youth ages 13-18 years old, interested in learning skills to help them develop and maintain friendships. During sessions, participants discuss and practice strategies related to different situations. Structured parent education sessions are provided to review strategies and lessons, in order to ensure success in developing and maintaining friendships.

#### **Topics explored:**

- Conversational skills and strategies
- Using humour in social interactions
- Identifying common interests
- Managing rejection, teasing, and bullying
- Navigating rumours and gossip
- Methods of social interaction (text, phone, FaceTime/Google Hangout etc).
- Strategies for arguments and disagreements



#### **PEERS® for Young Adults**

Age Range: 18-35

Staff/Participant ratio: 3:1

Length of Group: 16 sessions, 1.5 hours per session

**Description**: The Program for the Education and Enrichment of Relational Skills (PEERS®) is a social skills training intervention program for socially motivated young adults who are interested in learning skills to help them develop and maintain friendships. During sessions, participants discuss and practice strategies related to different social situations. Structured parent education sessions are provided to review strategies and lessons, in order to ensure success in developing and maintaining friendships.

#### **Topics Explored**:

- Conversational skills and strategies
- Using humour in social interactions
- Identifying common interests
- Managing rejection, teasing, and bullying
- Navigating rumours and gossip
- Methods of social interaction (text, phone, FaceTime/Google Hangout etc).
- Strategies for arguments and disagreements



**Emotional Regulation**: Our emotional regulation curricula helps to establish and develop participants' abilities in the identification and use of skills in regulating emotions. Using evidence-based strategies and curricula, our emotional regulation program offers a variety of ways to teach and expand skills such as identifying emotions, recognizing what triggers an emotional response, identifying and using coping strategies, and demonstrating flexibility and tolerance to changes. Problem solving, using coping strategies, developing goals and building one's confidence will enhance the quality of life for persons with ASD.



#### Keep Calm & Breathe On

Age Range: All ages

Staff/Participant ratio: 2:1

Length of Group: 10 sessions, 1.5 hours per session

**Description**: This curriculum is designed to support participants in identifying emotions in themselves and others. Participants will learn strategies to self-regulate reactions and responses, as well as preventative strategies to solve problems in social situations. Activities include deep breathing and mind/body awareness exercises, and identifying the right strategy for you.

#### **Topics may include:**

- Labeling and recognizing emotions in oneself and others
- Perspective taking
- Calming strategies
- Identifying signs of stress and anxiety in oneself and others
- Problem solving skills



#### **Unstuck And On Target**

Age Range: 8-11

Staff/Participant ratio: 2:1

Length of Group: 14 sessions, 1.5 hours per session

**Description**: Unstuck & On Target is an evidence-based social intervention program to improve skills related to on-task, flexible behaviours, planning and organization. The curriculum teaches the concepts through engaging activities and conversation.

#### Topics may include:

- Flexibility and flexible thinking
- Goal Setting
- Coping strategies & problem solving



**Daily Living Skills**: Our daily living curricula helps establish and develop participants' ability to demonstrate greater independence in daily living tasks. Using evidence-based strategies, our daily living programs offer a variety of ways to teach and expand upon skills such as cooking and cleaning, taking public transit, managing money, and taking care of health and hygiene routines. Successfully performing daily living activities can lead to greater confidence and an enhanced quality of life. Participants can learn to build the foundational skills necessary to live independently, and participate more fully in their communities.



#### **Healthy Habits**

Age Range: 10+; participants will be grouped based on age and skills

Staff/Participant ratio: 3:1

Length of Group: 10 sessions, 1.5 hours per session

**Description**: This group provides an opportunity for participants to improve their skills in a variety of areas related to personal hygiene. Participants will be assessed based on existing health and hygiene skills, and areas in need of further development. The curriculum is comprised of instruction, role play, discussion, and rehearsal of various health and hygiene skills.

#### **Topics explored**:

- Discussing and outlining public and private behaviours, places, and conversations
- Body changes and puberty
- Self care routines: hygiene, bathing and grooming
- Self-esteem and confidence building



## Groups

#### **Sharp Chefs**

Age Range: 12-18 (consideration will be given to younger participants if appropriate)

#### Staff/Participant ratio: 2:1

Length of Group: 10 sessions, 1.5 hours per session

**Description:** This group aims to further develop skills related to kitchen safety, food preparation and cleaning practices. Participants will have the opportunity to rehearse the skills learned in group, and fun take home activities.

#### **Topics explored:**

- preparing snacks and meals
- safe use of kitchen appliances
- knife safety
- table manners
- cleaning practices



#### Dollar\$ and ¢ents

Age Range: 12-18

Staff/Participant ratio: 3:1

Length of Group: 10 sessions, 1.5 hours per session

**Description:** The aim of this group is to teach participants to manage their own money. Participants will learn the relative cost of items they value, the benefits of saving and budgeting.

#### **Topics may include:**

- Currency
- How to follow a budget and manage spending
- How to earn money
- Keeping money, debit and credit cards secure
- Determining needs and wants
- Price-comparison shopping

#### **Getting Around Safe & Sound**

Age Range: 12-18

Staff/Participant ratio: 2:1

Length of Group:

**Description**: This group will address the development of skills related to: participating in community settings, community safety, and public transit



planning. Specific focus will address learning to identify where, from whom, when and how to ask for help while in the community and staying safe when using all forms of public transportation.

#### **Topics explored**:

- Getting to know one another
- Identifying signs and maps
- Using phones and computer applications to plan a route
- Identifying public transit etiquette
- Staying safe when using all forms of public transportation
- Identifying directions (north, south, east, west) and problem solving

**Vocational Skills**: Our vocational skills curricula helps establish and develop participants' skills related to exploring and attaining volunteer and employment opportunities. Using evidence-based strategies and curricula, our vocational skills programs offer various ways to teach, expand upon, and build confidence in skills such as completing a resume, searching for volunteer and employment opportunities, and preparing an application. Participants will learn appropriate interview and employment etiquette including appropriate attire and effective communication skills. These strategies may significantly improve the quality of life for persons with ASD.



### Ready 2 Work

Age Range: 14-18

Staff/Participant ratio: 3:1

Duration: 10 sessions, 1.5 hours per session

**Description**: The aim of this group is to prepare participants for seeking, applying for and maintaining employment.

#### **Topics Explored**:

- Daily living skills necessary for employment success (establishing reasonable sleep schedule, maintaining a healthy diet, personal care and hygiene strategies)
- Preparing a resume
- Searching and applying for jobs
- Interview skills
- Appropriate work apparel



#### CommunityWorks Canada®

Age Range: 15-21

Staff/Participant ratio: 3:1

Length of Group: 10 sessions, 2.5 hours per session

**Description**: CommunityWorks Canada<sup>®</sup> is a peer supported pre-employment program for teens and young adults with Autism Spectrum Disorder (ASD) ages 15-21 who are currently attending high school. The program is delivered during after school hours and provides participants with the opportunity to develop and practice basic job skills, improve social and communication skills, acquire community volunteer experience and cultivate potential areas of interest for future employment.

Each week the participants will volunteer with a different local organization while they develop job skills, learn to socialize and make lasting friendships.

Participants are required to have transportation to and from the different locations each week.

#### **EmploymentWorks Canada®**

Age Range: 15-64

Staff/Participant ratio: 3:1

Length of Group: 24 sessions, 2.5 hours per session

**Description**: EmploymentWorks<sup>®</sup> offers training for adults with Autism Spectrum Disorder (ASD) and other disabilities who want to practice and develop the essential skills necessary to get and keep a job. In addition, this provides volunteer mentors an opportunity to share their employment journeys, and employers' direct experiences integrating persons with disabilities into their workplaces.



Groups

CONSULTATION SERVICES

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#### Individualized consultation services

Consultation sessions offer individualized consultation (or support) to families in order to develop, implement and evaluate effective program strategies to address a particular goal or skill, along with seeking resources to benefit the family. Autism Consultants assist families in acquiring knowledge and skills to supplement the knowledge they already possess regarding their child with Autism Spectrum Disorder.



#### What is a Group Consultation?

Using the principles of facilitated conversation, Autism Consultants provide resources and strategies in a group environment on a variety of topics. Parents and caregivers are invited to join the conversation and discuss challenges they might be facing, as well as meet others who have similar experiences. The goal of these group sessions is for parents and caregivers to leave equipped with knowledge and resources that will make a difference in their family's life.



#### **Group Consultation: Understanding Behaviour**

This group consultation session is offered to parents and caregivers who want to develop a better understanding of what behaviour is, and how to proactively support and teach their child new skills and behaviours. This group session is led by a Kerry's Place Autism Services Consultant who will help facilitate discussion and provide general resources and strategies.



#### **Group Consultation: School Supports**

This group consultation session is offered to parents and caregivers who wish to gain a better understanding of the school system in Ontario. Bring your questions and experiences about school meetings, IEPs, IPRCs and more, to discuss with the group. A Kerry's Place Autism Services Consultant will provide information and resources on how to work with your school team and information on local resources available to you.

For more information and registration please contact our Intake Team.

## **Consultation Services**



#### **Group Consultation: Transitions**

We experience a variety of transitions throughout our lives. This group consultation session aims to provide parents and caregivers with a better understanding of the experiences people with Autism face with transitions. Come and share your experiences and learn how to best prepare and support your child in managing transitions. A Kerry's Place Autism Services Consultant will help facilitate the group and share resources and strategies during this group consultation session.



#### **Group Consultation: Sexuality**

This group consultation session is offered to parents and caregivers who are interested in learning more about sexuality and Autism. Points of conversation may include: how to discuss sexuality with your child, what is considered 'typical' and 'healthy' sexual development, and how to support your child through these life changes. An Autism Consultant will help facilitate the group's conversation and ensure resources and basic strategies are shared during the session.



#### **Group Consultation: Camp**

Creating opportunities for children with Autism to develop skills and peer relationships is important. This group consultation session will help provide parents and caregivers with an overview of available camps, and important considerations to keep in mind when planning for, and selecting a camp for your child. Resources and strategies will be shared during this valuable planning conversation.



#### **Brief Targeted Consultation**

Brief Targeted Consultation sessions provide access to a team of skilled professionals to help your family to acquire knowledge and to supplement the skills you already possess regarding your child or youth with Autism Spectrum Disorder (ASD). This service complements any training and workshops you have attended by providing you with additional support on the tips and strategies learned and is available to all families registered in the Ontario Autism Program (OAP).

For more information and registration please contact our Intake Team.



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#### **Funding Options**

This information session will offer an overview of available Autism-related funding, and the opportunity to review and fill out applications with the support of a Kerry's Place Autism Services Consultant. Please note that funding sources require recent tax assessments in order to determine eligibility. Please bring your most recent Notice of Assessment with you; you will not be expected to share this information.

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#### **Introduction to Autism Spectrum Disorder**

This information session will provide parents and caregivers with a greater understanding of Autism Spectrum Disorder (ASD). Strengths, needs and key features of ASD will be covered in this 2-hour presentation that aims to provide every parent a foundational understanding of their child's diagnosis and how to best support them for years to come.

#### Caregiver e-Connect: a Caregiver support group

The Caregiver e-Connect is an online group for parents and caregivers of people with Autism Spectrum Disorder (ASD). This group provides caregivers with a safe space to network with other caregivers who truly understand the challenges they are facing, problem solve and brainstorm new ideas or strategies and share resources that may be beneficial to one another.



For more information and registration please contact our Intake Team.
Intake@kerrysplace.org
1-833-77-KERRY (1-833-775-3779)
kerrysplace.org

## **Consultation Services**

# TRAINING SERVICES

#### **Training and Development Services**

Kerry's Place Autism Services provides an array of workshops, seminars and courses, geared at building a comprehensive understanding and awareness of Autism Spectrum Disorder in our communities. Our audiences have been comprised of family members, educators, social workers, medical staff, and others who wish to learn more about how to support those with ASD. Our skilled facilitators deliver content through engaging sessions, using small group, large group and individual activities and exercises.

#### Our sessions cover numerous topics and themes, including:

- The Diagnosis of Autism Spectrum Disorder
- Learning Styles and Teaching Strategies
- Sensory Profiles
- Stress, Anxiety and Emotional Regulation
- Receptive and Expressive Communication
- Social Skill Development, Sexuality and Relationship-Building
- Supporting Behavioural Change
- Funding Options for Families of Persons with ASD



## Autism Spectrum Disorder Certificate Course

Kerry's Place Autism Services' comprehensive Autism Spectrum Disorder Certification Course has been delivered to its employees since 2011, and to our communities across the Province of Ontario since 2017.

The course is presented over six full days, covering eight distinct topics. Each session constitutes group and individual activities, exploring scenarios and case studies consistent with various profiles of Autism Spectrum Disorder, and assignments to provide opportunities to apply what has been learned.

For more information and registration please contact our Intake Team.

## **Training Services**



#### **Caregiver Nonviolent Crisis Intervention**

This live webinar is intended for family members and caregivers who would like to enhance their skills in managing crisis situations, and learn about de-escalation techniques.

Participants will be provided with an overview of the verbal and non-verbal communication concepts and strategies taught in the Nonviolent Crisis Intervention<sup>®</sup> (NVCI-CPI) training program that can help in the support and care of family members, or people they support, with Autism Spectrum Disorder, both at home and in the community.

This webinar is led by NVCI-trained facilitators, and participants will have the opportunity to participate in discussions and ask questions.

#### A Distance Today Keeps The Virus Away

This live webinar is for family members and caregivers who want to learn about the importance of physical distancing in a pandemic, and strategies to help individuals with Autism Spectrum Disorder (ASD) physically distance when in the community. This training uses Behavioural Skills Training (BST) to teach physical distancing guidelines, emphasizing the importance of following rules, using visual aids and modelling.

Disclaimer: This training is intended to provide you with knowledge and strategies on physical distancing.

#### Get Ready, Get Set, Zoom

This live webinar is for family members and caregivers who want to learn more about the Zoom platform, and how to prepare their child with Autism Spectrum Disorder (ASD) for telepractice sessions. This workshop will review a variety of features on Zoom Kerry's Place telepractice consent, and how to prepare before, during and following a Zoom session.

Disclaimer: This training is intended to provide you with knowledge and strategies on using Zoom.

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#### Wearing PPE Protects You And Me

This live webinar is for family members who want to learn strategies to help individuals with Autism Spectrum Disorder (ASD) wear, and tolerate others wearing Personal Protective Equipment (PPE). Teaching strategies include: the use of video models, social narratives, pairing and shaping.

Disclaimer: This training is intended to provide you with knowledge and strategies on wearing and tolerating others wearing personal protective equipment.

For more information and registration please contact our Intake Team.

## **Training Services**

# **RESPITE AND RECREATIONAL SERVICES**

Kerry's Place Autism Services provides social and recreational respite opportunities for children, youth and adults. Our primary objective of the respite program is to provide a successful, well-deserved break for caregivers and families alike, while children and adults participate in interactive, meaningful supports which are individualized to each person's unique abilities and interests. Kerry's Place has a variety of respite options available for your family, including:

- daytime supports
- social and leisure groups
- evening and overnight respite services
- Summer, Winter and March Break camps

For more information and registration please contact our Intake Team.



☑Intake@kerrysplace.org ☎1-833-77-KERRY (1-833-775-3779) kerrysplace.org

## **Respite and Recreational**

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Intake@kerrysplace.org
 1-833-77-KERRY (1-833-775-3779)
 kerrysplace.org