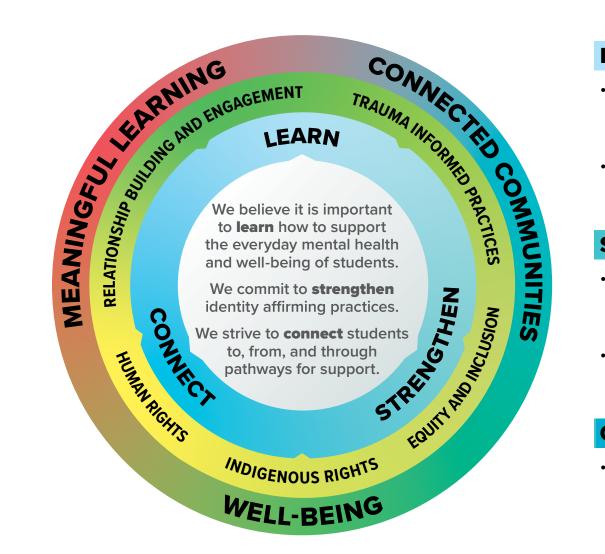




## Mental Health and Well-Being Student Action Plan 2025-2028



## **Learn to Understand**

- Everyday interactions that help foster schools and classrooms where every student experiences a sense of belonging.
- Mental health and well-being is woven into the every day conversations and practices.

## **Strengthen to Support**

- Bolster skills to ensure mental health promotion is a part of everyday classroom and school environments and experiences.
- Build and strengthen practices that centre student's identity and experiences.

## **Connect to Pathways**

 Strong pathways to, from and through meaningful support for the mental health and well-being of every student that is identity-affirming and culturally relevant.