

Inclusive Student Services Impact Update

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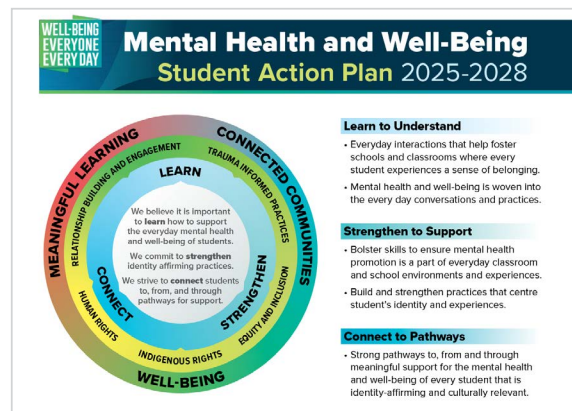
Supporting Student Mental Health and Well-Being—Community Partnerships

At the Durham District School Board (DDSB), we commit to:

- Supporting the everyday mental health and well-being of students,
- Providing identity affirming supports and resources, as needed, and
- Connecting students and staff to pathways for support.

Supporting Student Mental Health and Well-Being

The DDSB recognizes that good mental health is a critical foundation for well-being, connection, and learning. The [DDSB 2025-2028 Mental Health and Well-Being Student Action Plan](#) aligns with the 2024-2028 Multi-Year Strategic Plan by bringing forward a commitment to cultivate the everyday conditions that allow students to engage in meaningful learning environments. This includes strengthening connected communities where young people and their caregivers understand the pathways to access supports that meet their unique circumstances.



Connecting Students and Staff to Pathways for Support

For youth who require services beyond what DDSB mental health professionals can provide, a variety of community-based options are available. Our goal in connecting children, youth, and caregivers with these supports is to share information about our partnerships with community agencies and processes in place to access additional care.

Promoting mental health and well-being involves creating environments that encourage, invite, and sustain positive mental health for everyone.

Community partnerships are foundational to support the well-being of our learning community. Within our connected communities, we partner with several service agencies that provide care for children, youth, and their families. These partnerships allow us to leverage the expertise and resources of organizations across the region and within the communities where families live. Together, we work to support student well-being, mental health, and achievement.

Examples of partnership programs include specialized mental health and addictions workers who support students directly in schools.

Community partners include, but are not limited to:

- Pinewood Centre (Lakeridge Health), which provides supports for youth seeking to change their substance-use patterns
- Chimo Youth and Family Services and Frontenac Youth Services, which offer mental health supports
- Women's Multicultural Education and Resource Centre, which provides identity-affirming mental health and social support programs
- Ontario Health at Home through its Mental Health and Addictions Nurse program

These services complement the care provided by regulated mental health professionals from Psychological Services, Social Work Services, and the Positive School Climate team.

DDSB Mental Health and Well-Being One-Year Action Plan Key Action:
Continue to actively engage with and collaborate in joint local planning related to student mental health and wellness.

Some examples of community partners include:

- Mental health services (walk-in and appointments)
- Food banks and food security resources
- Housing and shelter services
- Youth services
- Community health providers
- Child and adolescent mental health organizations
- Hospital services
- Accessibility services



For more information about the DDSB Inclusive Student Services Impact Update, please visit [DDSB Inclusive Student Services](#).